

FUNCTIONAL MEDICINE GETTING STARTED

INITIAL CONSULTATION & FOLLOW-UP - \$1,000

In your initial 2-hour appointment, you'll sit down one-on-one with a Functional Medicine practitioner to create your unique in-depth health profile, which includes a comprehensive review of:

- medical history
- current lifestyle
- current nutrition
- genetic contributions
- prior lab results
- environment factors
- current exercise
- life stress factors

In your 90-minute follow-up appointment, we will review your lab results, answer any questions, and discuss your individualized care plan which may include (but isn't limited to) protocol for:

- what and how you eat
- lifestyle habits & exercise
- therapeutic supplements
- referrals for co-management
- environmental changes
- IV nutrition therapy

DIAGNOSTIC EVALUATION - COST VARIES

Your Functional Medicine practitioner will evaluate your health profile and outline a course of base-line laboratory tests specific to your needs.

Lab testing is crucial for understanding and identifying critical health markers. Pricing for initial lab testing varies from patient to patient, but can cost on-average between \$500 and \$3,500.

Once labwork is complete, all data is reviewed by our comprehensive team to create your unique & detailed care plan. All prescriptions are reviewed and managed by our Medical Director.

TOTAL INITIAL INVESTMENT - \$1,500 TO \$5,000

This price estimate includes your initial consultation and follow-up appointment, initial labwork, and initial course of therapeutic supplements.

Please Note: This does not include recurrent doses of supplements, follow-up labs when required, or additional services provided outside of initial consultation and care. Costs may vary—information provided only as a good-faith estimate. A payment of \$1,000 will be due at the time of your first appointment.

IN2GREAT INTEGRATIVE HEALTH

8717 WEST 110TH STREET SUITE 270, OVERLAND PARK, KS 66210

 WWW.IN2GREATKC.COM  (913) 906-7787

FUNCTIONAL MEDICINE HEALTH MEMBERSHIPS

TOTALCARE PLAN FEATURES

- Personalized protocol development
- 40% discount on all additional appointments
- 15% discount on IV therapy, labs, intra-office services, supplements, & more
- \$100/mo IV therapy credit
- Direct email access to your practitioner
- Ongoing comprehensive condition research
- Affiliate & partner discounts
- On-staff Medical Director
- Letters of medical necessity at no additional charge
- One acute care appointment per month for you or an immediate family member

TOTALCARE SILVER

Great Value

6-month program for \$325/mo

3 Functional Medicine practitioner appointments

1 Functional Nutrition appointment

\$195/mo per person to add family members

TOTALCARE GOLD

Most Supportive Care

6-month program for \$575/mo

6 Functional Medicine practitioner appointments

3 Functional Nutrition appointments

\$375/mo per person to add family members

TOTALWELLNESS PLAN - \$125/MO

Designed for Functional Medicine patients who have graduated to maintenance care.

- 25% discount on all Functional Medicine practitioner appointments
- Direct email access to your practitioner
- Affiliate & partner discounts
- 15% discount on IV therapy, intra-office services, labs, supplements, & more
- Letters of medical necessity at no additional charge

Please Note: A one-time enrollment fee of \$150 will be charged for all new members or members re-enrolling after canceling. **All plans run on a six month renewal basis.** TotalCare plans that automatically renew will receive a \$75 credit for use at in2GREAT. Eligibility for TotalWellness enrollment will be determined by in2GREAT. **Feature discounts extend to immediate family members!**

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FUNCTIONAL NUTRITION PRICING

TOTALNUTRITION PLAN FEATURES

Take your personal nutrition and wellness to the next level. Optimize your wellbeing and improve your energy, digestion, mood, hormones, and more. Both TotalNutrition plans include:

- Personalized protocol development
- Direct email access to your Functional Nutritionist
- Affiliate & partner discounts
- 15% discount on IV therapy, intra-office services, labs, supplements, & more

Also included is **one** 2-hour Functional Nutrition education session. Options include:

Supermarket Strategy

What to look for & avoid and how to read ingredient labels

Pantry Revamp

Personalized advice on what to keep, ditch, and buy

Cooking Tutorial

Tips and tricks for easy meals with your goals in mind

ACTIVATE

3-month program for \$950

- 3 Planning appointments
- 3 Follow-up appointments
- 1 Education session

SUSTAIN

3-month program for \$599

- 3 Follow-up appointments
- 1 Education session

New Client planning appointments focus on gathering information that will be used in establishing personalized goals. These sessions include:

- In-depth discussion of your current health struggles
- Review of your food and mood journals
- Functional clinical physical assessment

Follow-up appointments focus on tracking progress, identifying wins, overcoming challenges, and establishing new goals.

Please Note: A one-time enrollment fee of \$150 will be charged for all new members. Enrollment in TotalNutrition, Established Clients program is dependent upon prior completion of the Getting Started program or TotalNutrition, New Clients program.

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